

# **NHRHS ICE HOCKEY PROGRAM 2007/08**

## **Frequently Asked Questions**

### **When does the Season Start?**

Tryouts will begin Thursday, November 15<sup>th</sup>

### **What is the cost for a player?**

Cost per player is \$800 and includes all ice time for the entire season, including tryouts. If you do not make the team there is no fee for the tryouts.

### **If I make the team will I get to play in every game?**

20 players are allowed to dress for a game, not everyone will play in every game. Every team member will be required to attend all games and practice sessions.

### **Where will regular on ice practice sessions and home games be held?**

Most practice sessions and all home games will be held at Sport O Rama (SOR) in Monsey, NY. Regularly scheduled practice sessions at SOR are on Mondays 6:00PM, Tuesdays 7:50PM and Thursdays 7:35PM. There will be dry land practice 45 minutes prior to on ice practice.

### **Will transportation be provided?**

Bus transportation is provided only to games not played at SOR or the Ice Vault. Departure is from NHRHS parking area. The student will be responsible for getting a ride home from games and to and from all practice sessions. SOR is about a fifteen-minute drive from Northern Highlands.

### **Do I need my own equipment?**

Yes. A player will be expected to provide all the personal equipment necessary to play. A list of required and approved equipment will be provided. Practice jerseys, game jerseys and socks will be provided for each player.

### **Where and when will tryouts be held?**

Thursday Nov. 15<sup>th</sup> 7:35PM @ Sport O Rama, Monsey NY

Friday Nov. 16<sup>th</sup> 8:00PM @ Sport O Rama, Monsey NY

Sunday Nov. 18<sup>th</sup> 8:15PM @ Sport O Rama, Monsey NY

On off ice days, players are expected to attend weight room and video replay sessions